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My family and my practice once thrived here in RI. But the weight of trying to keep myself and my family healthy while trying to hold up a solo practice that cannot be sustained in this healthcare environment (pandemic, for profit healthcare system, job loss and imminent loss of health insurance) is too heavy and I need to put that burden down for good.

I never make decisions lightly and this one was given a lot of thought and explored from all angles. I've been 100% sure of exactly 3 choices in my life. Marrying my husband and adopting our children were 2 of the 3. The third one is my decision is to close my practice and move back to Canada.

I'm very proud of Pediatric Endocrinology of Rhode Island (PERI). Over the last eight years, PERI has grown in unimaginable ways. I, personally, have become a much better doctor, teacher and supervisor. Over her 5+ years at PERI, Alexis has become ready to run a large, busy practice and be rightfully well compensated for it. And YOU, every family who crossed our threshold, are a BIG part of why both Alexis and I are ready for new career challenges. I am honoured to have been your doctor. I am grateful that you trusted me. I will pay forward every lesson you taught me about how to be a better Pediatrician and parent.

Six months ago, I was so burned out that I couldn't stay healthy. I thought working from home would help. But it hasn't. Through my relationships with all of you, I gained the clarity to realize that I want a different career. I want to work as a Community Pediatrician in the same magical island where my mother was born and where our family has returned every year. The realization that I wanted to return to practicing General Pediatrics in Canada happened very recently when a job opportunity presented itself.

I'm in the midst of solidifying the plans and will be updating this page very frequently. Please trust that I have a plan to ensure this transition is as painless as possible for everyone involved.

With eternal gratitude and love,

Rebecca McEachern, MD and Alexis SanMartin, Pediatric Endocrinology of Rhode Island.